



United States
Department of
Agriculture

Food and
Consumer
Service

Mountain
Plains
Region

1244 Speer Boulevard
Denver, CO
80204-2581

Reply to
Attn of:

CACFP-633

NOV 17 2000

Subject:

- 1) Child and Adult Care Food Program (CACFP) Yogurt as a Substitute in the Adult Day Care Meal Pattern
- 2) CACFP Meal Pattern

To:

STATE AGENCY DIRECTORS - Colorado DPHE, Iowa, Kansas
(Child Nutrition Programs) Missouri DH, Montana DPHHS,
Nebraska, North Dakota,
South Dakota, Utah and Wyoming

1) CACFP Yogurt as a Substitute in the Adult Day Care Meal Pattern

It has come to our attention that clarification is needed regarding the substitution of yogurt in the adult meal pattern.

The current CACFP regulations inadvertently omitted the footnotes allowing the substitution of yogurt for milk in the adult meal pattern. At this time, we want to reemphasize the 1997 amendment, Meat Alternates Used in the Child Nutrition Programs that allows yogurt to be substituted as a meat or meat alternate, should continue to be implemented in the adult meal pattern. However, yogurt may not substitute for both components in a single meal.

The omission of the yogurt footnotes will be corrected in an upcoming rulemaking. Yogurt should continue to be offered and substituted, when appropriate, to meet the milk or the meat, meat alternate components in the adult meal pattern.

2) CACFP Meal Pattern


An error appeared in the final rule on alternate protein products that was published in the Federal Register on March 9, 2000. The second table, at 65 FR 12441, misstated the minimum amounts of meat and meat alternates in the CACFP meal pattern for supplemental foods at 226.20(c)(4).

State Agency Directors

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To correct the meal pattern, a technical amendment will be included in the publication of the upcoming final rule on infant meals. In the meantime, the attached table will give you the correct minimum amount of each type of meat or meat alternate that may contribute to a reimbursable snack in CACFP.

If you have any questions, please contact a member of the CACFP staff at 303-844-0359.


RAFAEL ZAMBRANO
Acting Regional Director
Child Nutrition Programs

Attachment

Supplemental Foods
Minimum Amounts of Meat and Meat Alternate
in the CACFP Meal Pattern

<i>If the Meat or Meat Alternate is...</i>	<i>And the age range is...</i>	<i>Then the minimum serving is...</i>
Lean Meat or Poultry or Fish or Alternate Protein Products or Cheese	1 - 2 3 - 5 6 - 12 Adult	½ ounce ½ ounce 1 ounce 1 ounce
Eggs	1 - Adult	½ large egg
Cooked Dry Beans or Cooked Dry Peas	1 - 2 3 - 5 6 - 12 Adult	⅓ cup ⅓ cup ¼ cup ¼ cup
Peanut butter or Soynut Butter or Other Varieties of Nut or Seed Butters	1 - 2 3 - 5 6 - 12 Adult	1 tablespoon 1 tablespoon 2 tablespoons 2 tablespoons
Peanuts or Soynuts or Other Varieties of Tree Nuts or Seeds	1 - 2 3 - 5 6 - 12 Adult	½ ounce ½ ounce 1 ounce 1 ounce
Yogurt	1 - 2 3 - 5 6 - 12 Adult	2 ounces or ¼ cup 2 ounces or ¼ cup 4 ounces or ½ cup 4 ounces or ½ cup